

NEUSPEED®

TORQUE ARM INSERT

2016-UP AUDI A3/S3/RS3(8V), TT,TTS,TTRS/2016-UP VW MK7 GTI, GOLF R/GOLF

PART #22.10.93

INSTALLATION INSTRUCTIONS

PARTS LIST: 1 - URETHANE INSERT 1 - STAINLESS STEEL CUP WASHER

TOOLS LIST: 1 - 21MM SOCKET 1 - JACK
1 - SILICONE SPRAY 2 - JACK STANDS
1 - TORQUE WRENCH

1. Raise front of vehicle and support with jack stands under lifting points. **NEVER WORK UNDER A VEHICLE SUPPORTED ONLY WITH A JACK!**



2. Unbolt and remove the 21mm hex bolt from torque mount in sub-frame.



4. Install factory bolt through SS Cup Washer and tighten into mount.



3. Use Silicone spray on urethane insert to ease installation, match up to rubber mount and push up until fully seated.



5. Torque bolt to 100Nm (74 ft/lbs) + ¼ turn.

©2014, Automotive Performance Systems, Inc. All rights reserved. Reproduction in whole or in part prohibited.
DOC.22.10.92 Rev. 03.29.19